

COVID-19 update - I am now open for treatments.

Just a few things you need to know....

I am making every effort to reduce the risk of COVID-19 infection including:

- Supplying hand sanitiser at the doorway
- Wearing PPE - gloves, apron, mask
- Enhanced hygiene procedures
- Replacement of fabric surfaces with wipe clean alternatives
- Social distancing measures
- Temperature check
- Card payments preferable

The nature of osteopathy is that I will be in close contact with you (within 2 metres) and all treatment is at your own risk.

Please wear a face mask for your treatment. Please bring your own if you have one, or I can supply one.

I will phone you for a pre screening phone call 24hours before your appointment.

Please do not attend the practise if you have any symptoms of the virus (high temperature, recent persistent cough, loss of taste or smell) or if you have been in contact with anyone who has in the past 14 days.

Please wait outside on arrival at the practise and I will come to the door at the time of your appointment.

Thank you for your understanding and support.

I look forward to seeing you.

Best wishes

Sam